

BETHANY STUDENTS

Camp Packing List

Toiletries

- Deodorant
- Shampoo/conditioner
- Body wash
- Toothbrush/toothpaste
- Face wash
- 3 towels (pool, showers, and rec)
- Hairbrush
- Hair ties (if needed)
- Shower shoes
- Lotion
- Shower bag to carry items to and from the shower

Pool

- Flip flops or water shoes for walking to and from the pool
- Appropriate swimsuit (if you have to ask if it's appropriate, it's probably not)
- Swimsuit cover-up for walking to and from the pool
- Either a top or T-shirt and bottoms or a dress (no holes or see-through)

Clothing

- Clean shirts, shorts, pants, socks, and underwear for 5 days (shorts must cover at least three fingers below the bottom)
- Clothes for rec (athletic clothing, t-shirts, shorts, yoga pants, clothes you can run around and play in)
- Sandals, flip flops, or shower shoes
- Sneakers (for rec)
- Extra socks
- Sweatshirt or jacket for nighttime
- Pajamas
- Sweatpants
- Outfit you can get dirty in or throw away
- Trash bag for dirty clothes

BETHANY STUDENTS

Other

- Sunscreen
- Aloe vera (if you burn easily)
- Cash or card for snack shack
- Bible
- Journal
- Pens
- Flashlight
- Chapstick
- Sunglasses
- Pillow
- Sleeping bag or blanket
- Bed sheet for mattress (twin) – highly suggested
- Water bottle
- Prescription medications (pack what you need for the trip in plastic baggies rather than the whole bottle if possible)
- White noise machine (if needed)
- Disposable camera (optional)
- Fan

Leave Behind

- Cell phone
- Snacks or drinks from home
- iPod or music devices
- Laptop or iPad
- Gaming equipment
- Pocket knives, drugs, alcohol, etc.